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**River Huston to Bring Her One-Woman Show,  
“*Sex, Cellulite and Large Farm Equipment,  
One Girl’s Guide to Living and Dying*”  
to Boston to Benefit Pathways to Wellness**

Author, poet, and comedienne River Huston brings her one-woman show, “Sex, Cellulite and Large Farm Equipment, One girl’s guide to living and dying”, to Club Café’s Moonshine Lounge, 209 Columbus Avenue, Boston, on Friday, March 18 at 7:30pm in a special benefit performance for Pathways to Wellness.

Described as “scandalous”, “scathingly funny”, and “irresistible”, River Huston’s one-woman show draws on her personal experiences as a sex columnist/sex educator as well as her arrest for obscenity, competing in a marathon, coping with anorexia and alcoholism, living with two terminal illnesses, dating, marriage, moving out of the country, and near financial ruin.

Tickets to “Sex, Cellulite and Large Farm Equipment” are \$25 and \$50 and can be reserved by calling 617-859-3036. All proceeds from this performance benefit Pathways to Wellness, a non-profit organization dedicated to providing high-quality holistic services including acupuncture, shiatsu, Chinese herbal medicine and yoga to all those in need.

An award-winning poet, journalist, performer and activist, Huston travels around the country speaking on issues related to sexuality, self-esteem, HIV/AIDS, and body image.

She has appeared on Good Morning America, CNN, Montel Williams, and other national television shows and is the author of *A Positive Life: Portraits of Women Living with HIV* as well as two books of poetry. River Huston lives in a small town in Pennsylvania with

her husband and her dog buddy. More information about River Huston can be found at [www.riverhuston.com](http://www.riverhuston.com).

### **About Pathways to Wellness**

Celebrating 15 years, Pathways to Wellness is a non-profit organization dedicated to providing equal access to high quality holistic therapies including acupuncture, shiatsu, massage, Chinese herbal medicine, and yoga.

Open to all people needing care, Pathways to Wellness is one of the country's largest providers of free and low-cost holistic medicine. Pathways practitioners specialize in chronic and life threatening illness, and work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care.

Facing cuts in both federal and local aid, Pathways to Wellness responded by developing its unique *Share the Care* program. Through this program, those who pay full-price for treatments enable someone less fortunate to receive low-cost or free care, thus allowing Pathways to continue to offer services to all those in need.

Located at 142 Berkeley Street, 2<sup>nd</sup> Floor, Boston, MA 02116, Pathways to Wellness can be reached at 617-859-3036 or [kporter@pathwaysboston.org](mailto:kporter@pathwaysboston.org). Additional information on Pathways to Wellness' services can be found on its web site at [www.pathwaysboston.org](http://www.pathwaysboston.org)

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