

FOR IMMEDIATE RELEASE:

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**Pathways to Wellness to Present a Research Symposium in
Recognition of National Acupuncture and Oriental Medicine Day**

BOSTON – On October 24, 2009 Pathways to Wellness will present a research symposium at Tufts Medical Center. The symposium will run from 11:30am to 1:00pm in Room 516, Sackler Building, Tufts Medical Center, 145 Harrison Avenue, Boston, MA.

Richard Glickman-Simon, MD, Associate Professor of Public Health and Community Medicine at Tufts School of Medicine will deliver welcoming remarks.

Harvey Zarren, MD, President of the Board of Directors of the Integrative Medicine Alliance will facilitate a panel discussion. The following panelists will present brief descriptions of their work:

- Julie Dunn (New England School of Acupuncture) - acupuncture/neutropenia study
- Bei Chang (BU School of Public Health and Boston Veterans Administration) - use of acupuncture and the relaxation response in two studies
- Ellen Highfield (Boston Medical Center) - patient satisfaction survey (acupuncture) at BMC
- Robert Saper (BMC) - yoga study
- Paula Gardiner (BMC) - use of massage with cancer patients

The Research Symposium is being presented in recognition of National Acupuncture and Oriental Medicine Day, which is commemorated on October 24, and of Pathways to Wellness' 20th anniversary.

For more information and to RSVP contact: Beth Sommers, Pathways to Wellness, 617-859-3036, ext. 24, or email bsommers@pathwaysboston.org

About Pathways to Wellness

Pathways to Wellness, celebrating its 20th year of revolutionizing holistic health care, is a nonprofit public health organization that is dedicated to providing affordable holistic care to all people regardless of ability to pay. Pathways to Wellness is one of the largest public health holistic therapies clinics in the country providing 13,000 treatments to over 3,000 clients annually. Pathways is also the largest U.S. provider of free acupuncture care to people living with HIV/AIDS. For more information on Pathways to Wellness and its services visit www.pathwaysboston.org or call 617-859-3036.

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