

FOR IMMEDIATE RELEASE:

March 15, 2010

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**Pathways to Wellness Receives Quality of Life Grant from
Christopher & Dana Reeve Foundation**

BOSTON – Pathways to Wellness is proud to announce that it has received a \$2,000 Quality of Life grant from the Christopher & Dana Reeve Foundation. The Reeve Foundation awarded \$520,000 in Quality of Life grants to 75 non-profit organizations within the United States and Canada. Created by the late Dana Reeve in 1999, the Reeve Foundation's Quality of Life Grants are awarded twice a year to non-profit organizations that provide services and programs to individuals living with paralysis. Close to 1,600 grants totaling nearly \$13 million have been awarded to organizations since the program's inception.

According to Demie Stathoplos, Pathways to Wellness' Executive Director, Pathways will use the grant to support its Home Care Program, which provides home-based acupuncture treatments to quadriplegic and paraplegic people. The grant funds will also support a series of workshops and grand rounds for acupuncturists on topics related to serving disabled and veteran populations for the purpose of improving clinical skills, cultural competency, and to share best practices.

"We are honored to received this grant from the Reeve Foundation," says Stathoplos. "Our Home Care patients rely on our treatments to relieve their pain and stress and improve their quality of life and with this grant we will be able to continue providing our care to them. We are also very pleased that the grant will now allow us to share our expertise by funding a series of workshops for acupuncturists, which will ultimately result in improved access to care

for veterans and people with disabilities and will enhance the overall quality of the care they receive.”

“The Quality of Life program that Dana Reeve created eleven years ago is based on freedom,” said Peter T. Wilderotter, president and CEO of the Christopher & Dana Reeve Foundation. “We are happy to be able to support Pathways to Wellness to create more independence, increase opportunities, and provide support for those living with paralysis along with their families and caregivers.”

The Reeve Foundation’s Quality of Life grants are divided into three categories, Actively Achieving, Bridging Barriers and Caring and Coping. Some grants are funded through a cooperative agreement with the Centers for Disease Control and Prevention (Award #1U59DD000338), and are awarded to nonprofit organizations that address the needs of people living with paralysis caused by spinal cord and other injuries, diseases and birth conditions.

About Pathways to Wellness

For more than 20 years, Pathways to Wellness, a nonprofit public health organization, has provided affordable holistic therapies including acupuncture, shiatsu, and Chinese herbs to all people regardless of ability to pay. Pathways practitioners work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care. Pathways to Wellness is one of the largest public health holistic therapies clinics in the country providing 12,000 treatments to over 3,000 patients annually at their main clinic in the South End Community Health Center and through six satellite programs at MA hospitals and health centers. Pathways is also the largest U.S. provider of free acupuncture care to people living with HIV/AIDS. For more information on Pathways to Wellness and its services visit www.pathwaysboston.org or call 617-859-3036.

About the Reeve Foundation

The Christopher & Dana Reeve Foundation is dedicated to curing spinal cord injury by funding innovative research, and improving the quality of life for people living with paralysis through grants, information and advocacy. For more information, and to review the entire list of Quality of Life grant recipients, please visit our website at www.ChristopherReeve.org or call 800-225-0292.

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