

FOR IMMEDIATE RELEASE
October 23, 2008

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Kristen Porter, Executive Director, and Angela Caggianelli, Director of Programs at Pathways to Wellness, Invited to Attend High-Level Leadership Programs for Non-Profit Managers

From October 2008 through April 2009 Kristen Porter will attend Boston University's School of Management Institute for Non-profit Management & Leadership. Porter received one of five scholarships offered for the program, which accepts just 40 people per year. The program's hands-on curriculum combines core management skills and an understanding of oneself as manager and leader, with the knowledge of the organizational and community systems that form the powerful context within which leadership is exercised.

Also in October 2008, Angela Caggianelli, will begin a year-long program with The Massachusetts Institute for Community Health Leadership. A new initiative sponsored by the Blue Cross/Blue Shield Foundation, The Massachusetts Institute for Community Health Leadership seeks to develop the next generation of leadership to effectively address the future opportunities and challenges in community-based low-income health care.

Kristen Porter, MAc, LAc received a degree in Business Management in 1991 from Boston University and a Masters Degree in Acupuncture from the New England School of Acupuncture in 2001. In 1994 she was named Clinical Director of AIDS Care Project (now part of Pathways to Wellness) and since 2002 has been Executive Director of Pathways to Wellness. She is an Adjunct Professor at the New England School of Acupuncture in Practice Management & Business Development and lectures around the world on complementary medicine and public health. Ms. Porter has been the co-investigator on several research studies investigating the efficacy of acupuncture for HIV/AIDS and is a monthly columnist for the national publication, *Acupuncture Today*.

Angela Caggianelli received a degree in Healthcare Administration from Stonehill College in 2005 and a graduate certificate in non-profit management from Northeastern University in 2006. She joined Pathways to Wellness shortly thereafter and was recently promoted to Director of Programs.

About Pathways to Wellness

Pathways to Wellness, a nonprofit public health organization, provides holistic therapies including acupuncture, shiatsu, and Chinese herbal medicine. Open to all people needing care, Pathways practitioners work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care. Pathways to Wellness is one of the largest public health holistic therapies clinics in the country providing 11,000 treatments to over 2,500 clients annually. For more information on Pathways to Wellness and its services visit www.pathwaysboston.org or call 617-859-3036.

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