



ANNUAL REPORT FY2009

MISSION

Pathways to Wellness, Inc. is a nonprofit public health organization committed to providing equal access to high quality holistic care. Within a compassionate and empowering environment, Pathways provides complementary therapies for our clients as an adjunct to their Western medical care. Working in partnership with community health centers and organizations, Pathways aids in the development of a continuum of care for our clients in body, mind and spirit.

ABOUT PATHWAYS

Pathways to Wellness is open to all people needing care and provides many specialized holistic programs. Services include acupuncture, Chinese herbal medicine and Asian bodywork. Pathways is one of the largest public health holistic therapies clinics in the country providing over 14,000 treatments to 3000 clients annually. Pathways unique "Share the Care" model promotes social enterprise; a portion of every fee for service payment is used to provide a similar treatment for a reduced rate to someone less fortunate, thus allowing Pathways to offer access to care for those in need.

AWARDS THIS YEAR

- Grand Marshall for Boston Pride (based upon community votes)
- Out of the Blue Award from Boston Foundation (\$75,000 unrestricted funds)
- Agency for Healthcare Research and Quality: recognized as National Innovator again

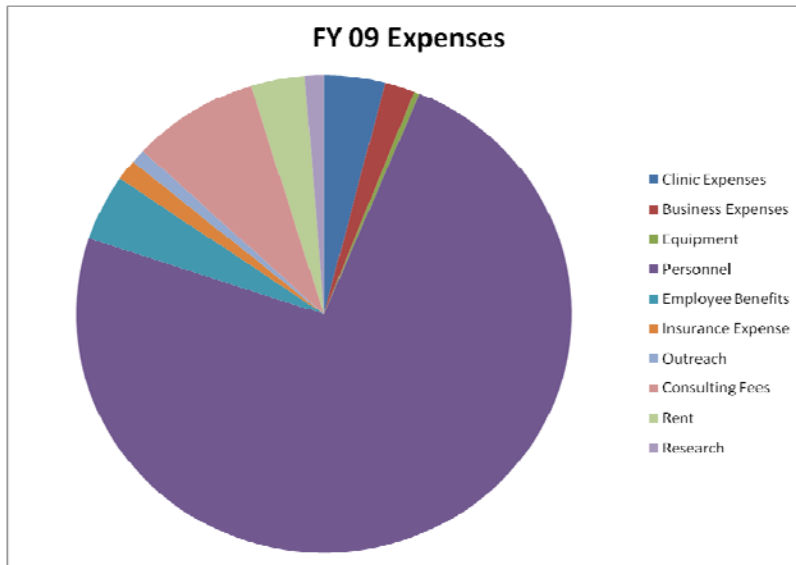
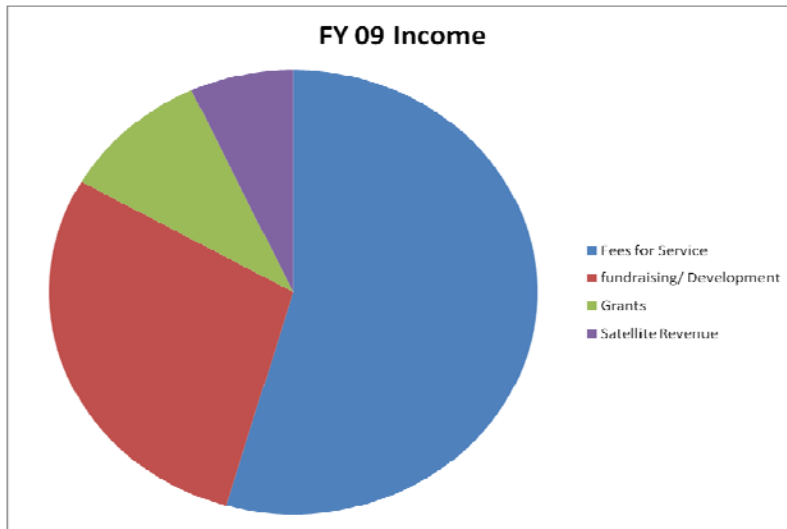
2009 ACCOMPLISHMENTS

- 16% increase in total treatment sessions provided
- 30% increase self pay revenue to "Share the Care"
- Home Care: 40% increase in acupuncture treatments to homebound patients
- 1723 free treatments provided to people with HIV/AIDS
- \$285,918 of free care provided through our sliding scale program
- Completed 2nd year pilot program with 3rd party insurer that showed 50% reduction in severe pain

PROGRAMS

- Main clinic in South End Community Health Center (SECHC) providing 6 days a week of acupuncture, shiatsu and herbal consults on a sliding scale
- AIDS Care Project: 5 days week of free acupuncture to HIV+ patients at SECHC
- MGH Infectious Disease clinic: 4 hours week free for HIV+
- Tufts Medical Center: 4 hours week free for HIV+
- Zinberg Clinic at CHA: 3 hours week free for HIV+
- Home care: free home care acupuncture to eligible HIV+
- Upham's Corner Health Center: community acupuncture and chair massage 1 day a week
- Community Acupuncture-Providing \$20 group-style acupuncture 4 x week to all
- Home Care Program: providing home care to the disabled
- Veterans Community Acupuncture Program: 1 drop in shift week free for veterans
- Refugee Project: Lynn Community Health Center weekly shift for Cambodian refugees
- Herbal Internship: post graduate herbal internship 2 x week
- Mente y Ceurpo: acupuncture and massage for Latina women with depression

FINANCIAL INFO: FY09 budget \$1,008,699. Net Assets at End of Year \$774,082



GRANTS AWARDED BY:

Bernard J. Smith Trust (15K)
 The Boston Foundation (75K)
 Department of Public Health AIDS Bureau (90K)
 Jessie B Cox Charitable Trust (20K)

Massage Therapy Foundation (20K)
 MAC AIDS FUND (15K)
 National Institute of Health NCCAM (53K)

BOARD OF DIRECTORS

President: Devan Dewey, MBA
 Secretary: Bryan Furze
 Treasurer: Toby Kasavana, MBA
 Hortensia Amaro, Ph.D.
 Ulrike Boehmer, Ph.D.
 Patti Davis

Francesca Holinko
 Anne St. Goar, MD
 Vincent Smith, MD
 Robert P. Surabian
 Richard Urman, MD
 Vanessa Velez, JD