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Pathways to Wellness Receives “Out of the Blue” Grant from The Boston Foundation

BOSTON – Holistic therapies provider, Pathways to Wellness, has been awarded a \$75,000 *Out of the Blue* grant by The Boston Foundation.

According to The Boston Foundation, their *Out of the Blue* grants program provides unsolicited one-year, one-time grants to exemplary organizations that have demonstrated a high level of achievement in terms of strong and effective community leadership, outstanding quality of work, and an impressive history of accomplishment.

"Receiving an *Out of the Blue* award from The Boston Foundation is an amazing honor," says Kristen Porter, executive director of Pathways to Wellness. "To be championed by such an esteemed board of directors provides an added surge of inspiration to our work".

"And, the unrestricted nature of the grant is a dream come true as it will allow us to advance our mission by expanding affordable holistic healthcare services in the Commonwealth," adds Porter.

2009 marks Pathways to Wellness' 20th year of providing free and low cost holistic care to critically ill, low income, and uninsured members of the community. In addition, Pathways' satellite clinics at major hospitals and health centers throughout the greater Boston area provide integrative care to underserved populations such as veterans, refugees, and the disabled.

About Pathways to Wellness

Pathways to Wellness, a nonprofit public health organization, provides holistic therapies including acupuncture, shiatsu, and Chinese herbal medicine. Open to all people needing care, Pathways practitioners work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care. Pathways to Wellness is one of the largest public health holistic therapies clinics in the country providing 14,000 treatments to over 1,300 clients annually. Pathways is also the largest U.S. provider of free acupuncture care to people living with HIV/AIDS. For more information on Pathways to Wellness and its services visit www.pathwaysboston.org or call 617-859-3036.

About The Boston Foundation

The Boston Foundation, one of the nation's oldest and largest community foundations, has an endowment of more than \$900 million. Last year, the Foundation made grants of more than \$92 million to nonprofit organizations and received gifts of \$155 million. The Boston Foundation is made up of about 850 separate charitable funds, which have been established by donors either for the general benefit of the community or for special purposes. The Foundation also serves as a civic leader, convener, and sponsor of special initiatives designed to build community. For more information about the Boston Foundation and its grant making, visit www.tbf.org or call 617-338-1700.

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