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**Pathways to Wellness Receives Grant from The Boston Foundation
Funds will be used to develop new program for adolescents with alcohol and
cigarette addiction.**

BOSTON – Holistic therapies provider, Pathways to Wellness, has been awarded a \$26,950 grant by The Boston Foundation.

According to Kristen Porter, executive director at Pathways to Wellness, the grant will be used to develop a collaborative mental health/acupuncture program in partnership with the South End Community Health Center for early intervention addiction work, primarily targeting adolescents with alcohol and cigarette addiction.

The program will rely on a holistic approach that moves clients toward health and growth as part of a continuum of care with acupuncture at the center of their recovery efforts, with attendant mental health and peer support.

“For 18 years, Pathways has provided equal access to high quality holistic therapies”, says Porter. “Over the years we have expanded our offerings and programs to enhance the care we offer our clients. The grant from The Boston Foundation will enable us to strengthen our partnership with South End Community Health Center and to plan and launch this collaborative clinical project. The addictions program is a good example of the integrative approach that our partnership represents which recognizes the ongoing need for services to low income and uninsured members of the community.”

About Pathways to Wellness

Pathways to Wellness, a nonprofit public health organization, provides holistic therapies including acupuncture, shiatsu, and Chinese herbal medicine. Open to all people needing care, Pathways practitioners work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care. Pathways to Wellness is one of the largest public health holistic therapies clinics in the country providing 14,000 treatments to over 1,300 clients annually. Pathways is also the largest US provider of free acupuncture care to people living with HIV/AIDS. For more information on Pathways to Wellness and its services visit www.pathwaysboston.org or call 617-859-3036.

About The Boston Foundation

The Boston Foundation is one of the oldest and largest community foundations in the nation, with assets of almost \$900 million. In 2007, the Foundation and its donors made more than \$90 million in grants to nonprofit organizations and received gifts of about \$90 million. The Foundation is made up of some 900 separate charitable funds established by donors either for the general benefit of the community or for special purposes. The Boston Foundation also serves as a major civic leader, provider of information, convener, and sponsor of special initiatives designed to address the community's and region's most pressing challenges. For more information about the Boston Foundation, visit www.tbf.org or call 617-338-1700.

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