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Pathways to Wellness to Offer Free Acupuncture Treatments on National Acupuncture and Oriental Medicine Day, October 24

BOSTON –In the U.S. the use of acupuncture and Oriental medicine is at an all-time high. According to a recent study conducted by the National Institutes of Health's National Center for Complementary and Alternative Medicine (NCCAM), an estimated 36 percent of U.S. adults use some form of alternative therapy, and 25 percent have tried acupuncture.

In recognition of National Acupuncture and Oriental Medicine Day, on October 24 from 11:00am until 1:00pm, Pathways to Wellness, a holistic therapies clinic in Boston's South End, will offer free auricular acupuncture treatments on a drop-in basis.

National Acupuncture and Oriental Medicine Day is a designation spearheaded by the National Certification Commission of Acupuncture and Oriental Medicine (NCCAOM) to raise awareness about the benefits of alternative therapies and educate consumers about the benefits of using licensed practitioners to ensure better care, better treatment, and better outcomes.

In Massachusetts, regulations allowing acupuncturists to become licensed became law in 1988. These regulations are among the most comprehensive acupuncture regulations in the country.

All of Pathways' acupuncturists are licensed in the Commonwealth of Massachusetts and receive ongoing additional training at Pathways. Pathways' staff has taught its methods both nationally and internationally and are regularly asked to present at national and regional conferences and seminars.

Currently the National Institutes of Health (NIH) lists the following as approved uses for acupuncture: pain management, including dental pain, headache, menstrual cramps, fibromyalgia, myofascial pain and osteoarthritis; postoperative or chemotherapy-related nausea and vomiting; addiction; stroke rehabilitation; infertility, and asthma.

About Pathways to Wellness

For 17 years, Pathways to Wellness, a nonprofit public health organization, has provided equal access to high quality holistic therapies including acupuncture, shiatsu, and Chinese herbal medicine.

Open to all people needing care, Pathways practitioners work collaboratively in a team environment and in conjunction with Western medical professionals to offer an integrated approach to care.

Located at 1601 Washington Street, 3rd Floor, Boston, MA 02118, Pathways to Wellness can be reached at 617-859-3036 or kporter@pathwaysboston.org. Additional information on Pathways to Wellness' services can be found on its web site at www.pathwaysboston.org

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